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CMS issues the first Guidance and asks for comments on Remote Patient Monitoring for 2021

CMS guidance states that RPM Device must meet the FDA's definition of medical device and that the "interactive communication" requires a practitioner to spend at least 20 minutes per month of time communicating via audio or video with the patient.

By: Sargas Pharmaceutical Adherence & Compliance Int'l

BAKERSFIELD, Calif. - **Aug. 12, 2020** - *PRLog* -- CMS displayed on August 4, 2020, the proposed 2021 physician fee schedule with publication date of August 17, 2020 and comment period ending September 2020 that has the first ever guidance issued on Remote patient Monitoring that is about 10 pages long https://spacinternational.com/pdf/RPM%20Update%

20and%20Gu... buried within 1353 pages https://s3.amazonaws.com/public-inspection.federalregister.gov/2020-17127.pdf

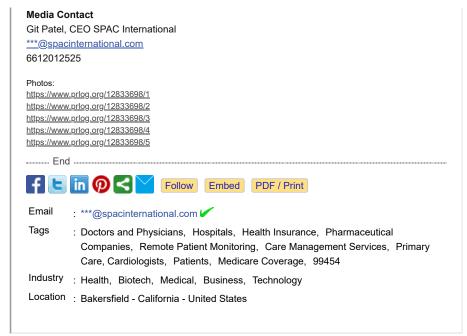
Foley has done a excellent job publishing the top ten FAQ's for these guidance on their website https://www.foley.com/en/insights/publications/ 2020/08/ten-medicare-remote-patient-monitoring-faqs-2021

Since Remote Physiological Monitoring got unbundled for PFS 2019, our several hundred physicians have been utilizing this to manage medicare patients while delivering triple aim in



Temperature

healthcare. Our team of physician advisors came back to us, an insisted that Medicare patients are not smart phone savvy, they bring diaries of their daily blood pressure, blood glucose readings along with their devices for us to review during their visit. Since these patients tend to forget their dairies, please create a cloud portal where they can upload their data if they do not have a smart phone, or call these patients and get their reading via a audio communication with the patient so that physicians can proactively manage the chronic conditions and prevent them from progressing by remotely monitoring and reviewing this critical physiological data. Our team developed a cloud that automatically uplands the data from blue tooth devices for the physicians to review, we were asked to develop an option for patients and our case managers to upload the data on the cloud from the reading of these devices for physicians to review and monitor. This has helped prevent medicare patients from getting hospitalized while delivering better patient experience and quality of life. CMS is asking for the physician community to comment and help them design the best Remote Physiological Monitoring solution that will deliver best quality of care while reducing healthcare cost. Dr. Seema Verma initially unbundled the codes of 99091 for 2019 and then released the codes 99453, 99454 and 99457 for 2020 for remote physiologic monitoring. She stated that "You may have already heard my story about my husband's near death experience last year. Thanks to the bystanders and the medical team that treated him, he was able to survive a very serious cardiac episode. But taking it a step further, maybe we could have predicted his cardiac arrest before it happened if his electronic watch, or some other novel device, had been compiling information about his activities, his heart rate, his breathing, as well as other data - and sending it to his doctor." This can save lives and also save money in the healthcare system. You may submit electronic comments on this regulation to http://www.regulations.gov. Follow the "Submit a comment" instructions.



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